1. Secure dressing to ulcer. Use 2" x 2" gauze between the toes to reduce maceration.
2. Apply Delta Terry-Net™ C Stockinette. Place Delta Terry-Net™ Adhesive Felt to cover the malleoli, and tibia securing the overlap of stockinette at the toes.

4. Using Specialist® 100 padding, apply at least 2 layers up the leg. Additional padding over bony prominence may be needed. Remove wrinkles or folds.

6. Apply the next two rolls of 4" Delta-Lite® Conformable cast tape. Start wrapping distal to the metatarsal heads and proceed up the leg covering all areas to the tibial tuberosity. Maintain the foot in 90° while laminating and molding.

8. If possible, have the patient stand on the board with knee bent 5-10° with hips straight to ensure the ankle is in 90°.

3. Apply perforated adhesive foam to toes. Cut off excess.

5. Using 3" Delta-Lite® Conformable cast tape, start on the medial or lateral side of foot and wrap cast tape twice around foot. Proceed up the leg covering the toes and Achilles. Maintain the foot at 90° while laminating and molding.

7. Using a solid, flat surface, apply to the bottom of the foot making total contact with the 1st and 5th metatarsals and calcaneus.

9. Add additional rolls of Delta-Lite® Conformable as needed to strengthen the cast.

10. To ensure that the patient is at 90°, have the patient stand on the board and view from the side.

11. Place the patient in a cast shoe.